



Heading  
off  
on  
School  
Camp

Collaroy  
Centre  
School  
Camps



## What activities do we offer?

Your school or group camp co-ordinators will work with our Qualified Program Leaders to design an action packed camp with a variety of activities including:

- Abseiling
- Archery
- Drop Pole
- Rock Climbing
- Dual Flying Fox
- Giant Swing
- 2 Tiered High Ropes
- Challenge Course
- Initiative Course
- Laser Tag
- Surfing
- Kayaking
- Bubble Soccer
- Water Slide



## What to pack?

This is not an exhaustive list and can be added to when you know what activities you will be taking part in. Don't forget to consider seasonal changes and check the weather forecasts before you pack.

- T-shirts and a couple of long shirts, no singlets
- Jeans, comfortable pants and long shorts
- Socks and underwear
- Warm jacket or jumper – especially if it's a Winter camp
- Pyjamas
- Swimming costume (if waters activities are booked/planned)
- Sunscreen, hat and sunglasses
- Two pairs of sneakers – one old pair for water based activities
- Thongs – for showers
- Toiletries: soap, toothpaste, shampoo/conditioner, deodorant, lip balm and insect repellent
- Two towels – bathroom and beach towel
- Sheets, pillow, blanket/sleeping bag and towel. (Please note if using a Sleeping Bag you still need to place a sheet on the mattress for hygiene reasons.)
- Day backpack
- Paper, pens or pencils
- Plastic bags for dirty or wet clothes
- Medication (if required)
- Tissues
- Raincoat or wind jacket
- Water bottle
- Torch
- Pocket money if needed
- Camera – optional, a waterproof disposable camera is a great idea to capture the memories



## How to prepare?

Packing for camp can be a little daunting, especially when it is more than 1 or 2 days, so here are some tips to make the preparation a bit easier.

- A checklist may come from the school as well as the camp centre, so it is wise to cross check both documents to ensure you do not miss anything.
- Practice with your child packing and unpacking their bag, whilst cross checking items off their final packing list to make sure nothing gets left behind; that they indeed do have everything they need for a successful camp experience.
- Don't forget to mark clothing and other goods with the child's name or initials so that if they are misplaced, they have a better chance of being returned.
- When choosing a bag or backpack, make sure it is not too heavy or too big, and consider packing a small secondary backpack for day activities.



The most important thing about packing for school camp is to make it a team effort and allow plenty of time to teach your child how to pack. This can also help to ease any nerves about being away from home.

Dr Christopher Thurber, a clinical psychologist,  
author, camp consultant and father;



# Collaroy Centre School Camps

We look forward to welcoming you soon.

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